CISM and Chaplaincy Joint Email

31 March 2020

Members of NC Wing,

Since 1941, the Civil Air Patrol has been taking care of our neighbors. From civil defense missions during World War Two to missing persons and disaster relief missions today, Civil Air Patrol volunteers rise to the occasion and bring our skill, training, and compassion to those in need.

The Civil Air Patrol also places a high priority on taking care of our members. During stressful times like these, we'd like to remind you about ways we can help. There are two primary departments tasked with the well-being of our members: the Health Services Corps and the Chaplain Corps. The Health Services Corp oversees the Critical Incident Stress Management program, which helps members cope with the stress of critical incidents to reduce or mitigate the long-term effects of that stress. The Chaplain Corps provides emotional and spiritual support as each chaplain represents his or her religious tradition during troubled times. In the North Carolina Wing the CISM team and the Chaplain Corps have developed a strong partnership to help our members through the stresses associated with the Coronavirus.

Our message is simple: we are here for you. Our role is not to supplant your primary mental health care provider, or your pastor, priest, or rabbi. Rather, we exist to come alongside you during troubled times. If you would like to speak with a chaplain, please contact Ch, Maj Steven Mathews at the email address below. If you would like to speak with a CISM officer, please contact Lt Elizabeth Blevins at the email address below.

Maj. Steven Mathews steve.mathews@ncwgcap.org

Lt. Elizabeth Blevins <u>beth.blevins@ncwgcap.org</u>